



Heartland

Men's Conference

Men and Mission for the Millennium: What's a Man to Do?

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Mission = Vision + Action

Join these and other men and women of vision and action as we commit to exploring ways to build a safe, loving world for all people.

Speakers

John Lee | Robert Bly | Robert Moore | Bill Kauth

Dates

November (13*), 14, 15, 1998 • Columbia, MO

Purpose

This conference will focus on learning more about taking care of yourself, caring for and caring about others, and serving our communities and the world.

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jbelden@trib.net

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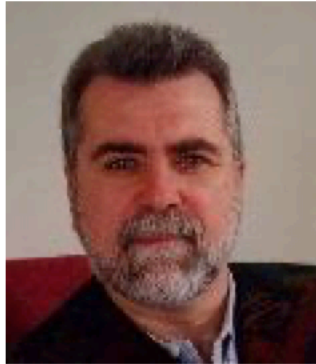
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Keynote Speakers

John Lee



Author of the **Flying Boy Trilogy**, **Facing the Fire: Experiencing and Expressing Anger Appropriately**

Founder of **The Austin Men's Center**, **The Facing The Fire Institute**, and the **P.E.E.R. Training Program**, a series of courses in emotional release work.

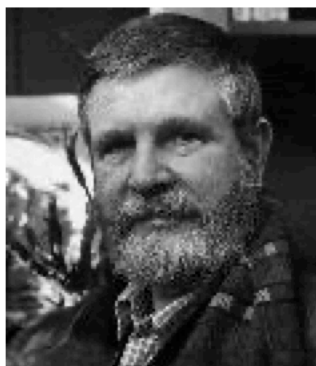
Robert Bly



Author of **Iron John**, **The Sibling Society**, **Light Around the Body**

The poet, storyteller, translator, and worldwide lecturer who provided the impetus for a revaluing of the masculine experience. His poetry has won many awards, including the **National Book Award**.

Robert Moore



Co-author of **The King, Warrior, Magician, Lover Within** series

Dr. Moore is a Jungian psychoanalyst and senior professor of psychology and spirituality at the Chicago Theological Seminary. His theory of masculinity has established him as one of the foremost theoreticians of the international men's movement.

Bill Kauth



Author of **A Circle of Men: The Original Manual for Men's Support Groups**

Co-founder of the **New Warrior Training Adventure of The ManKind Project**, the **Inner King Training** and most recently the **Warrior Monk Training-Retreat**.

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<http://www.heartlandmen.com/HMC98/>



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Travel

Columbia is accessible by air from St. Louis or Kansas City, as well as through Columbia Regional Airport. Call your local travel agent or use [Travelocity](#) to order airfare online.

Those wishing to minimize costs may want to use the local ground shuttle (Tiger Air Express) between Columbia and the St. Louis and Kansas City airports.

Tiger Air Express
Ground Shuttle Service to Columbia
Phone (800) 333-3026 (573) 443-3544

St. Louis Lambert Airport Service

Service FROM St Louis Lambert Airport		
Run #	Depart STL	Arrive Columbia
4	9:00 AM	11:00 AM
6	10:00 AM	12:00 NOON
8	11:00 AM	1:00 PM
10	12:00 NOON	2:00 PM
14	2:00 PM	4:00 PM
16	3:00 PM	5:00 PM
18	4:00 PM	6:00 PM
20	5:00 PM	7:00 PM
22	6:00 PM	8:00 PM
24	8:00 PM	10:00 PM
26	9:30 PM	11:30 PM

Service TO St Louis Lambert Airport		
Run #	Depart Columbia	Arrive STL
3	6:00 AM	8:00 AM
5	7:00 AM	9:00 AM
7	8:00 AM	10:00 AM
9	9:00 AM	11:00 AM
11	10:00 AM	12:00 NOON
15	12:00 NOON	2:00 PM
17	1:00 PM	3:00 PM
19	2:00 PM	4:00 PM
21	3:00 PM	5:00 PM
23	4:00 PM	6:00 PM
25	5:00 PM	7:00 PM

Kansas City International Airport Service

Service FROM Kansas City International		
Run #	Depart KCI	Arrive Columbia
212	10:00 AM	12:30 PM
312	1:00 PM	3:30 PM
412	4:00 PM	6:30 PM
512	7:00 PM	9:30 PM
612	9:30 PM	12:00 MIDNIGHT

Service TO Kansas City International		
Run #	Depart Columbia	Arrive KCI
211	5:00 AM	7:30 AM
311	7:00 AM	9:30 AM
411	10:00 AM	12:30 PM
511	12:30 PM	3:00 PM
611	3:00 PM	5:30 PM





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Heartland Men's Conference

Men and Mission for the Millennium: What's a Man to Do?

First Annual Heartland Men's Conference

Program

**Men & Mission for the millennium:
What's a Man to Do?**

November 14 & 15, 1998
Pre-Conference Event: November 13

Days Inn Conference Center
1-70 and Stadium Blvd.
Columbia, MO

Keynote Addresses:

Saturday, Nov. 14

Robert Bly
Where Are Men Now -1998

John Lee
How Well Am I Loving?: The Way Adult Men and Women Are in Relationships

Sunday, Nov. 15

Robert Moore
From Prison to Community: Our Challenge as Men

Bill Kauth
A Vision for the Future of The Mankind Project:
Empowering Men to Develop Mission and Purpose in Their Lives

Workshops by the Keynote Speakers:

John Lee
Facing the Fire: Experiencing and Expressing Anger Appropriately

Dr. Robert Moore
Accessing Masculine Archetypes: The King, Warrior, Magician, Lover Within

Robert Bly
Marriage and Lovemaking

Bill Kauth
Creating a Compassionate Civilization:
Empowering a Balance of Spirit and Soul

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Conference Agenda

Saturday, Nov 14

8:00 am	Registration
9:00 am	General Session Welcome: Patrick Kane Introduction: John Lee Keynote Address Robert Bly Where Are Men Now: 1998
10:30 am	Break
10:45 am -12:15 pm	Concurrent Workshops A. Facing the Fire: Experiencing and Expressing Anger Appropriately John Lee An active, experiential and lively session based on John's book, Facing the Fire. B. Marriage is A Journey Muriel Battle & Eliot Battle Interact with this special couple, married for 48 years, whose shared passion for life has created new adventures past retirement, including a consulting firm writing & dancing! C. Your Personal Spiritual History Jeff Belden This interactive workshop will help participants clarify and articulate their personal spiritual journey. D. Computers: Connection or Isolation? Larry Kreuger As the computer clock moves closer to the new millennium, this workshop explores the relationship between hypertechnology and social relationships.

12:20 pm	Lunch
1:00 pm	General Session Keynote Address John Lee How Well Am I Loving? The Way Adult Men and Women Are in Relationships
1:45 pm	Break
2:00-3:30 pm	Concurrent Workshops A. Marriage and Lovemaking Robert Bly Interact with this social activist, poet, and partner in a relationship workshop. B. Anger Healing: Using the Gift Jerry Medol Join the creator of the Passive Assertive Framework (PAF) and learn to separate feelings from behavior. PAF teaches how to use anger to identify safety issues, to identify wants and to access other emotions. C. Empowering Men's Work for Men Who Are Gay Ed Smith Learn and interact with a powerful leader from the ManKind Project about how doing men's work can empower a gay man to identify with the circle of all men while taking his place as a man who is gay. D. Teachings of the Anisanabe Peace Shield Sky Jimenez Gather to learn how the teachings of the Peace Shield can be applied to one's personal growth and relationships.

3:30 pm	Break
3:45-5:15 pm	Concurrent Workshops A. A Letter to Young Black Men: You Won't Find Role Models on Street Corners Eliot Battle Listen to and interact with the wisdom and challenge of this teacher, educator and community leader in an overview of personal philosophy coupled with views of other Black leaders regarding positive development of young Black men. B. The Toolbox: A Metaphor for Maximizing Your Gold Chris Frey Participate in an experiential process for replacing and adapting the life tools acquired in childhood. This is a time to inventory the gold you were born with, the power you have acquired and to update any rusted, heavy, broken tools that continue to block you emotionally and spiritually. C. Touch for Health Karen Kaupanger Come learn simple Touch for Health tools to access the body's wisdom and create balance between the conscious (mind) and the unconscious (body). This is an experiential hands on workshop. D. True Love Ways: Tools for Building, Strengthening and Energizing Your Current (or Future) Relationships Patrick Kane & Pam Mauch Learn and practice clean communication skills: separating observations from judgments, expressing feelings without regressing, asking for what you want, and giving and receiving empathy. These tools benefit all types of relationships!

5:15 pm	Break
5:30-6:30 pm	Concurrent Workshops A. Centering Wiley Miller Explore and practice several approaches to stress awareness and stress reduction, such as meditation and guided imagery. A chance to learn with a safe guide and a soothing voice. B. Tai Chi Louise Flenner The practice of tai chi is movement meditation that helps improve balance and concentration along with producing a relaxation response. Join in and learn a short form of simple relaxing tai chi movements. C. The Art of Breathing & Imagery for Relaxation and Energy Mandy Manderino Come listen and learn from a peacefully powerful voice in this group experience. A variety of breathing techniques will be discussed, demonstrated and practiced. D. A Passion for Drumming John Markovitz Bring your drum or percussion instrument and join him in a celebration of rhythm. No experience necessary.

6:30 pm	Free Evening Time
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Sunday, Nov 15

8:00 am	Registration
8:45 am	General Session Keynote Address Robert Moore From Prison to Community: Our Challenge As Men
9:45 am	Break
10:00-11:45 am	Concurrent Workshops A. Creating a Compassionate Civilization: Empowering a Balance of Spirit and Soul Bill Kauth Join this creative visionary in a workshop journey. B. Reclaiming Boys Lives: Developing Boy Scout Troops for Boys in Detention and Residential Treatment Richard Sanderson Join this Scouting leader in learning how youth in trouble have benefited from the Boy Scouts community. A discussion and video presentation illustrate how the dream of one man resulted in new options for youth in Kansas City and Springfield, MO, creating a pioneer outreach program within the Boy Scouts of America. C. Recovery and Male Spirituality Jim Howard This process is designed for men recovering from the wounds of addiction and childhood trauma. Areas included in this experiential workshop: circle of men, spiritual wounds and "What's At Risk". D. Zen and the Art of Writing Country Music: Finding and Nurturing Your Creative Spirit Tom Schreiber This workshop is for men and women who are interested in using their innate creative force to enhance their lives. The workshop is based on the premise that given a supportive environment: Reflection + Action = Creativity

11:45 am	Lunch
12:30 pm	Keynote Address Bill Kauth A Vision for the Future of The ManKind Project: Empowering Men to Develop Mission and Purpose in Their Lives
1:15 pm	Break
1:30-3:00 pm	Concurrent Workshops A. Accessing Masculine Archetypes: The King, Warrior, Magician Lover Within Robert Moore Join this powerful guide on the journey to an integrated mature masculine self. B. Head, Heart and Soul Sean O'dell This is an interactive workshop where participants examine life events and learn how these events separate us from others. Learn to reclaim the joy and magic of life through reconnection with ourselves and others by journeying inward. C. BRAVO: A Peer Support Group Bob Dupuis Join this men's work veteran in discussing and learning about BRAVO - a group that has been in existence for 15 years for men who batter. D. Impact Model Mugging Michael DiBenedetto & Beth Berkshire Impact Model Mugging is a full contact padded assailant self-defense course for men women and children. Come join in a demonstration of this powerful program with two certified instructors. E. Daughters, Nieces, and Granddaughters: What Girls and Young Women Need from Men in Their Lives Pam Mauch Listen to a variety of female voices and learn what a powerful gift the presence of a healthy man can be in the life of a girl growing into a woman.

3:15-3:45 pm	Good-bye Ritual
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Workshop Presenters

- Eliot Battle, M.Ed.** is a retired administrator of the Columbia, MO Public Schools and the former Special Assistant to the President of Columbia College. Currently he and his wife Muriel are owners of The Battle Group, a consultation service providing training and seminars for businesses and schools on issues of diversity, education, and multiculturalism. He is also the author of A Letter to Young Black Men.
- Muriel Battle, Ed. D.** is a retired Associate Superintendent for the Columbia, MO Public Schools, an Adjunct Professor for the Honors College at the Univ. of MO and co-owner, with her husband Eliot of The Battle Group, a consultation service dedicated to training others about diversity.
- Jeff Belden, M. D.** is a family practice physician with the group Family Health Care in Columbia, MO. Jeff has special interests in geriatrics, chronic pain, headaches, spirituality in medicine and in promoting physician well-being and self-care.
- Beth Berkshire** is a Ph.D. candidate in psychology at the Univ. of Mo. and a certified Model Mugging instructor.
- Michael DiBenedetto, LPC** is a therapist in private practice in Columbia, MO and a certified Model Mugging instructor.
- Bob Dupuis** is a seasoned men's work veteran sharing his empowerment in recovery work with other men. He leads BRAVO, a group dedicated to helping men end their violence.
- Chris Frey, LCSW** is a psychotherapist, retreat leader and poet from St. Louis, MO. A recognized men's work leader in the Midwest, Chris is the author of three books including Men at Work: An Action Guide to Masculine Healing.
- Louise Flenner, ACSW, LCSW** is a social worker, therapist and one of the creators of Complementary Therapies of Columbia, MO. Her practice specializes in using hypnosis, tai chi, expressive therapy, meditation, relaxation training as well as traditional counseling techniques.
- Jim Howard, LPC** is an Elder and leader in the St. Louis-Columbia Men's Community. He is a Licensed Professional Counselor with extensive experience in experiential healing, addictions, men's issues and codependency. Jim is a frequent presenter to professional and lay audiences.
- Sky Jimenez, M.S.** is a counselor of young children in Columbia, MO. Of Okla-Chickasaw heritage, Sky is a student of the Anisanabe Peace Shield.
- Patrick Kane, LCSW, DCSW** is a therapist in private practice in Columbia, MO who provides counseling and psychotherapy for men, women, couples, families and groups. Currently facilitating men's empowerment groups and retreats, Patrick also provides couples retreats and group consultation with his wife Pam Mauch, a psychologist. Patrick is an Adjunct Professor at The School of Social Work, Univ. MO.
- Karen Kaupanger**, is a Nationally Certified Massage Therapist and Certified Touch for Health Instructor. Karen is the owner of The Swedish Massage Centre and has been in practice since 1978.
- Larry Kreuger, Ph.D.** is a Professor of Social Work at the University of Missouri School of Social Work.
- Mandy Manderino, Ph.D.** is a psychologist in private practice at the Center for Family and Individual Counseling in Columbia, MO.
- John Markovitz**, a nurse practitioner at the Veterans Hospital in Columbia, MO, has been having fun playing drums for the past 25 years. He has performed locally with the percussion ensemble Universal Drum Appeal.
- Pam Mauch, Ph.D.** is a psychologist in private practice in Columbia, MO who works with individuals, couples and groups. Since 1975 she has been a therapist and trainer focusing on women's issues including stopping violence against women, women's wellness and empowerment issues. With her husband social worker-therapist Patrick Kane, Pam also provides couples retreats and group consultations.
- Jerry Medol** is an activist, sociologist and educator who has been involved in men's work for thirty years. He is Director of Anger Alternatives Inc. in Kansas City, MO, the pro-male, non-shaming batterer intervention program in the U. S. Jerry is also the creator of the Passive Assertive Framework and the "Stopptit!" Program.
- Wiley Miller, Ph.D.** is a psychologist and Coordinator of the Stress Management and Biofeedback Clinic at the University of MO Counseling Center. He is also in private practice in Columbia.
- Sean O'dell** has been involved in men's work since 1993. He is a member of the ManKind Project and lives in Kansas City, MO
- Richard Sanderson** has been involved in the Boy Scouts for 51 years. For over 25 years he has been a scoutmaster. His passion for Scouting has brought him regional and national awards including the Silver Beaver. Now living in Springfield, MO he has pioneered the use of Scout Troops with boys in detention and residential treatment.
- Tom Schreiber, Ph.D.** is a psychotherapist in private practice in Columbia, MO. He is a member of the North American Society of Adlerian Psychology.
- Ed Smith** is a Certified Co-leader for the New Warrior Training Adventure of the ManKind Project and a men's work leader in Indianapolis, Indiana.

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Program Schedule for Pre-Conference Event (for Men and Women)

Friday, November 13 from 7 to 10 pm
Days Inn Conference Center, Columbia, MO

Shifting Gears:

Leaving the Past and Living in the Present
[John Lee](#)

Step Into the Mystery of Relationships: Become More Adult, Find the Rhythm of Closeness in Your Relationship

John Lee's powerful presentation will provide you with information and skills to build and reenergize the important relationships in your life. John will show how one minute we are reacting and talking like an adult and the next minute we are thinking, regressing, and doing things that we will probably regret.

Learn that conflict can lead to emotional intimacy rather than emotional combat. Learn ways to keep family and relationship ghosts from haunting relationships.

John blends wisdom, humor, and compassion to show us ways to create healthier life-enhancing relationships.

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Heartland Men's Conference

Men and Mission for the Millennium: What's a Man to Do?

Information

Call The Group Works - Patrick Kane at 573/449-0120.

Workshop Schedule

Although the program is subject to change, every effort will be made to make substitutions only when necessary. Women are welcome at the conference. There may be a limited number of men-only sessions.

Registration Confirmation

Everyone who registers a week or more before the conference will receive a confirmation by mail.

Scholarships

Partial scholarships are available on a limited basis. Call to discuss your financial need.

Hotel Information

The Columbia Days Inn Conference Center is directly off I-70, at the Stadium Blvd exit on the east side of Columbia, Missouri.

Columbia is about 100 miles east of Kansas City, and about 100 miles west of St. Louis. Columbia is served by a local airport, Columbia Regional Airport, and ground shuttle service is available from St. Louis and Kansas City airports by calling Tiger Air Express (phone 573/443-3544).

Hotel Room Rates / Reservations

Special room rates are being offered per night during the conference weekend: \$52.95 + tax. Each registered guest receives a full hot breakfast of biscuits and gravy, scrambled eggs, hash browns, sausage patty, and choice of hot tea or coffee served 6:30 - 9:30 AM in the Prime Time Restaurant. Guests also receive a coupon for 25% off a meal purchased in the restaurant.

Call the hotel directly at 573/445-8511 or through the Days Inn Reservations at 800-DAYSINN. Reservations must be made prior to October 30, 1998. Identify your needs by using the code **CGKANE**.

Two Meals Included in Conference Fee

Saturday and Sunday lunch are included in your conference fee.

Policy for Refunds

Refund requests must be made by October 16, 1998. There will be a \$20.00 processing charge subtracted from the full refund. After October 16, 1998, there will be no refunds.

On-Site Registration

Please make every effort to register before the conference. There will be on-site registration only as space allows. An additional fee for on-site registration is \$5.00

Conference Materials

Your folder of conference schedule and materials can be picked up starting at 8:00 AM Saturday and Sunday, November 14 & 15.

Contact to Register, or for More Information:

Patrick Kane

The Group Works

2100 E. Broadway, Suite 213

Columbia, MO 65201

573-449-0120

email: hrtlndmens@aol.com

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First Annual Heartland Men's
Conference

Registration Form

Men & Mission for the Millennium:
What's a Man to Do?

November 14, 15, 1998
Pre-Conference Event: November 13

Days Inn Conference Center
I-70 and Stadium Blvd
Columbia, MO

Fees
(check those that apply)

<input type="checkbox"/> Conference Fee (Nov. 14-15)	\$180.00
<input type="checkbox"/> Pre-Conference Fee (Nov. 13)	\$30.00
<input type="checkbox"/> Early Conference Fee (postmarked by Oct. 16)	\$155.00
<input type="checkbox"/> Early Conference Fee for 2 (postmarked by Oct. 16)	\$300.00
<input type="checkbox"/> Group Rate (6 or more registrants) (per person fee) <i>Must be sent together and postmarked by Oct. 16, 1998</i>	\$145.00
<input type="checkbox"/> Senior Rate (60 and over)Age:	\$145.00
<input type="checkbox"/> Full-time Student School:	\$145.00
<input type="checkbox"/> Saturday Only	\$100.00
<input type="checkbox"/> Sunday Only	\$90.00
<input type="checkbox"/> Certificate of Attendance	\$2.00
Total Enclosed	\$ _____

Payment method: Check or Money Order payable to:

The Group Works - Patrick Kane, DCSW

To register, please return this form with proper fees to:

*Heartland Men's Conference
c/o Patrick Kane
2100 E. Broadway, Suite 213
Columbia, MO 65201*

Name: _____

Address: _____

Address: _____

City: _____ State: ____ Zip: _____

Phone: (_____)_____ - _____

Everyone who registers a week or more before the conference will receive a confirmation by mail. Attendance will be limited to 250 men and women.

*For more information about this and other details, call
Patrick Kane at The Group Works 573/449-0120 or e-mail:
hrtlndmens@aol.com*





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Heartland Men's Conference

Men and Mission for the Millennium: What's a Man to Do?

Organizers

- [Clare Austen](#)
- [Jeff Belden, MD](#)
- [Jim Howard](#)
- [Patrick Kane, LCSW](#)
- [Tom Schreiber, PhD](#)
- [Jerry Wirth](#)

Clare Austen	Minister of Unity Center of Columbia 1600 W Broadway, Columbia, MO 65203 Phone: 573-447-0414 Fax: 573-447-0413 Email: causten@socket.net Email: Unitycolmo.socket.net Celebration service and Youth Ministry, Sunday 11:00 AM Office hours: 9:00 - 3:00 September - June 9:00 - Noon in the summer Unity is an American born, but now worldwide, Christian denomination whose mission is the empowerment of people through the positive and practical teachings of Jesus. We emphasize unconditional love for all people, prayer as our primary tool for experiencing the presence of God (the presence of GOOD) in our every day life, and the wounds and shame of past religious experience. We believe in encouraging each individual to discover their own inner potential and serve the world through their sacred gifts. At Unity Center of Columbia our mission statement is "Awakening Divine Possibilities in Every Heart."
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Jeff Belden, MD	Family Physician Family Health Care 1506 E. Broadway, Ste 220 Columbia, MO 65201-5895 Phone: 573-449-0808 Fax: 573-442-1331 Email: jbeldenmd@trib.net Hours: 9 am-5 p.m. MTF 2-5 p.m. W Some Saturday and Evening hours I have a special interest in geriatrics, chronic pain, headaches, spirituality in medicine, and in promoting physician well-being and self-care.
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Jim Howard	Director Missouri Lawyers' Assistance Program 326 Monroe Jefferson City, MO 65101 Phone: 573/635-4128 800-688-7859 Fax: 573/635-4417 Email: molap@mobar.org
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Tom Schreiber, PhD	Psychologist 1316 Old 63 South, Ste. 101 Columbia, MO 65201 Phone: 573/874-0577 Hours: 9:00 a.m. - 6:00 p.m. M-F I provide individual and family psychotherapy for children, adolescents, and adults.
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Jerry Wirth	
Patrick Kane, LCSW	The Group Works 2100 E. Broadway, Ste. 213 Columbia, MO 65201-5895 Phone: 573-449-0120 Email: hrtlndmens@aol.com Hours: Mon -Fri Some evening hours. Counseling and psychotherapy for men, women, couples, families, and groups. Currently facilitating men's empowerment groups.

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